

**\$30.00**  
Each pay period

**\$20.00**  
Each pay period

**\$10.00**  
Each pay period

**\$5.00**  
Each pay period

**\$1.00**  
Each pay period

# what your contributions can provide annually

Based on 26  
pay periods  
for the year



- Provides 104 nights of Emergency Shelter for domestic violence victims facing imminent danger.
- Provides up to twenty-nine medical office visits for an individual unable to pay fees due to special circumstances or because they are struggling financially and need a temporary solution.
- Provides a visit for an eye exam and two pairs of glasses for 13 Veterans.
- Provides emergency housing assistance for three individuals or families.

- Provides 2,500 diapers for local families struggling to afford them.
- Provides 170 round trips for a senior in a wheelchair on our bus to allow them to get to doctor appointments and pick up prescriptions.
- Provides safety planning and support groups for 45 victims of domestic violence.
- Provides approximately six months worth of nutritious meals for one senior citizen.

- Provides 452 PRT tickets to local residents needing transportation to work or medical visits.
- Provides hospital emergency room advocacy and support for five survivors of rape/sexual assault accessing medical care and/or a sexual assault forensic examination.
- Provides one school year's worth of weekend backpacks for one student dealing with food insecurity.
- Provides 35 hours of training a year for an individual with a disability, making minimum wage, to learn a new skill they can use in the community making them a more independent part of society.

- Provides a youth living in the shelter an opportunity to take part in a school sport or extracurricular activities they would otherwise miss out on.
- Provides training for one counselor for a victim of child sexual abuse to attend court proceedings.
- Provides training for one early-care provider on foundational math and literacy strategies that will prepare hundreds of students to be kindergarten ready over the course of that instructor's career.
- Provides two weeks of complete meals, health & safety visits, and smiles to a lonely, elderly neighbor.

- Provides school supplies for one youth living in a shelter.
- Provides one week of dinners for a family of three abuse victims living in the domestic violence shelter.
- Provides for five nutritionally balanced meals for one senior.
- Provides transportation for ten visits to the Veterans Administration Clinic for homeless veterans.
- Provides a person with three months of medication for depression.

**Be the ONE**  
To Make Our Future Bright.

United Way  
of Southeastern Idaho

